



Please arrive an hour before your appointment.

Here are some tips for ensuring the best examination possible.

ONE WEEK BEFORE YOUR PROCEDURE

- 1. FIND A FAMILY MEMBER OR FRIEND TO DRIVE YOU HOME AFTER YOUR PROCEDURE** *You cannot operate a vehicle until the day after your procedure because of lingering effects of the anesthesia. We cannot perform the procedure without a ride. Taxis or ride shares (Uber, Lyft, etc.) are not allowed.*
- 2. PURCHASE YOUR PRESCRIPTIONS – HIGH DOSE PRESCRIPTION ANTACID (X-prazole), SUCRALFATE, and LIDOCAINE/BENADRYL/MAALOX NUMBING SOLUTION** *Please call the office at (978) 459-6737 – option 3 if you have any trouble obtaining the medication. If this is your second ablation, you do not need to fill these prescriptions if you have medication left over from previous procedures.*

THE DAY BEFORE YOUR PROCEDURE

- 3. DO NOT EAT OR DRINK ANYTHING* AFTER 11 PM THE NIGHT BEFORE YOUR PROCEDURE** *No food, drink, gum, candy, etc. are allowed.*

THE DAY OF THE PROCEDURE

- 4. *REGARDING MEDICATIONS - (CALL OFFICE WITH QUESTIONS)** *Take ALL your morning medications with a SMALL sip of water unless otherwise instructed by your doctor.*

Please call the office if you have been diagnosed with any new medical conditions or if your insurance has changed as we may need to reschedule your procedure.

Please keep your phone near you the day of your procedure so we can notify you of delays and even earlier appointment times.

If you need to cancel or reschedule your procedure, please give our office at least 48 hours' notice.

Procedures cancelled or rescheduled within that time will be subjected to a \$50 fee prior to rescheduling.

Thank you!

We look forward to providing you with excellent care!