



**Please arrive an hour before your appointment.**

*Here are some tips for ensuring the best examination possible.*

**THE DAY BEFORE YOUR PROCEDURE**

- 1. DO NOT EAT ANY SOLID FOOD STARTING DAY BEFORE YOUR PROCEDURE** *Clear liquids that are allowed are: water, clear fruit juices (apple, white grape, white cranberry), ginger ale, Sprite, black coffee, black tea, clear broth, as well as Jell-O, popsicles, clear hard candies, Italian ices, Gatorade or Powerade, iced coffee or tea and any other clear liquids. (NO RED, PURPLE OR ORANGE COLORS)*
- 2. DO NOT EAT OR DRINK ANYTHING\* AFTER 11 PM THE NIGHT BEFORE YOUR PROCEDURE** *No food, drink, gum, candy, etc. are allowed.*

**THE DAY OF THE PROCEDURE**

- 3. \*REGARDING MEDICATIONS - (CALL OFFICE WITH QUESTIONS)** *Take ALL your morning medications with a SMALL sip of water unless otherwise instructed.*

*Please call the office if you have been diagnosed with any new medical conditions or if your insurance has changed as we may need to reschedule your procedure.*

*Please keep your phone near you the day of your procedure so we can notify you of delays and even earlier appointment times.*

*If you need to cancel or reschedule your procedure, please give our office at least 48 hours' notice. Procedures cancelled or rescheduled within that time will be subjected to a \$50 fee prior to rescheduling.*  
*Thank you!*

*We look forward to providing you with excellent care!*